



How to
Find What
You are
Good At

If you get your self esteem from how “hard” you work, you will have a difficult time coming into alignment with your inborn excellence (which will naturally flow from you).

NOTICE THAT EVERYONE HAS A DIFFERENT DEFINITION OF FUN.
WHAT DO YOU FIND FUN?

WHAT COMES SO EASILY TO ME THAT I HAVE A HARD TIME UNDERSTANDING WHY SOMEONE ELSE CAN’T DO IT?

WHAT DID I NATURALLY DO JUST FOR THE FUN OF IT WHEN I WAS YOUNGER?

Don't compete with others at what they are excellent at. There is someone in the world who wants ~~your~~ excellence.

HOW MIGHT MY EXCELLENCE BE USEFUL OR WANTED BY OTHERS?

HOW CAN I FIND THE PEOPLE WHO WANT MY EXCELLENCE?

IS THERE A SITUATION WHERE SOMEONE ISN'T SEEING MY EXCELLENCE? DO THEY DESIRE TO SEE MY EXCELLENCE? WHY OR WHY NOT?